

Avocado Toast 15.25

rustic wheat bread, Haas avocadoes, alfalfa sprouts, radishes & drizzle of herb olive oil with two eggs as you like them, with side of fruit

Belgian Waffle 8.95

with strawberries & whipped cream ~add nuts 85¢~

Biscuit & Gravy 9.00

a southern specialty

Breakfast Reuben 14.25

pastrami, two eggs as you like them, sauerkraut, Swiss cheese, 1000 island dressing on a toasted English muffin with side of fruit, grits or roasted potatoes

Eggs Benedict 14.95

a classic favorite with a side of fruit or potato pancake

Fried Chicken & Waffle 14.50

crispy chicken breast and fluffy waffle with gravy

Grits Bowl 14.25

bacon or ham, two eggs, tomatoes, scallions & cheese

Huevos Rancheros 15.00

crispy tortilla, refried beans, lettuce, cilantro cream, guacamole, salsa, topped with two eggs and served with choice of meat

Rise & Shine Burrito 15.00

scrambled eggs, potatoes, pepper jack cheese, peppers, onions; with side of fruit or choice of meat

Shrimp & Grits 14.50

stone-ground grits, wild shrimp, Kalamata olives and garlic-infused tomatoes (GF)

Steak and Eggs 16.50

grilled NY strip and two eggs your style; with choice of biscuit, grits, roasted potatoes, or toast

Sunrise Bowl 15.00

fried or scrambled eggs, roasted potatoes, 3 veggies, 1 cheese, with side of fruit or choice of meat

BLT 11.00

crispy bacon, lettuce, vine-ripe tomato and choice of bread with side of fruit \sim try it with avocado (mp) or two eggs (2.45) for the ultimate breakfast sandwich \sim

Buttermilk Pancakes 7.60

add \$2 for chocolate chips or fresh fruit pancakes.

Corned Beef Hash 14.75

house-made hash with peppers, onions, & cheese, two eggs your style, and side of toast

French Toast 9.95

with choice of meat or fruit

Nova Lox Platter 14.50

bagel with cream cheese, tomato, onion, capers & lemon with fruit

Quiche Platter 9.50

choose veggie or meat; served with mixed greens and choice of biscuit, roasted potatoes or toast

Omelet 6.90

build your own with choice of meats, veggies and cheese (see options/prices below) served with choice of biscuit, grits, roasted potatoes, or toast

Fried or Scrambled Eggs/Egg Whites 6.50

served with choice of grits, roasted potatoes, or sliced tomatoes; and your choice of biscuit or toast

Fried or Scrambled Egg/Egg White Sandwich 6.80

on your choice of bagel, biscuit, croissant (add 95¢), toast; served with fruit

Customize your omelet, eggs, or sandwich: artichokes, avocado (mp), banana peppers, kalamata olives, mushrooms, onions, peppers, ratatouille, spinach, tomatoes (65¢ each);

American cheddar feta goat mozzarella pepper jack provolone or Swiss (1,60 each); salsa (2,65);

American, cheddar, feta, goat, mozzarella, pepper jack, provolone or Swiss (1.60 each); salsa (2.65); bacon, ham or pork/turkey sausage (2.65 each).

avocado (mp)	toast 1.60	cottage cheese 2.20
roasted potatoes 2.65	English muffin 2.35	sautéed vegetables 4.00
fresh fruit 2.35	salsa 2.65	bacon, ham, sausage (pork or
sliced tomatoes 2.15	oatmeal 2.10	turkey) 2.65
grits 1.60	buttermilk biscuit 2.10	potato pancake 2.50

ides

Beans, Cereal, Fruit and Grains

Acai Bowl

organic berry sorbet, fresh fruit and house-made granola ~add Greek yogurt (2) or warm peanut butter (1)~ small 7.50 large 11.20

Cottage Cheese & Berries 7.30

a healthy, low-fat and protein-filled bowl

Granola 5.45

served with your choice of milk and fruit

Grits 3.50

add scallions & cheddar 75¢

Yogurt Parfait 7.65

organic Greek yogurt, fresh fruit & house-made granola

Hummus Platter 8.25

pita toast, banana peppers, capers, scoop of house-made hummus

Fruit Bowl 4.50

fresh apples, grapes, melon, pineapple & berries

Old-Fashioned Oatmeal 4.95

add dry fruit or nuts 85¢, fresh fruit 2.35 or berries (mp)

Quinoa Power Bowl 10.50

with sautéed spinach, black beans, onions, peppers & mushrooms

~add avocado (mp) or two eggs (2.45)

for extra protein~

Bagels

1.60 each

blueberry, cinnamon raisin, everything, garlic, onion, plain, poppy, pumpernickel, sesame, cheese (asiago, bacon cheddar, cheddar, jalapeno cheddar, pesto mozzarella, spinach asiago—add 65¢)

Bagel with Cream Cheese or Spreads

Your choice of bagel with cream cheese: plain, cinnamon raisin, cranberry, garlic-basil, scallion, veggie 2.95; or nova spread 4.50

Your choice of bagel with: butter 1.80, butter & jam 2.20, pb&j 3.25, hummus 3.25

Gluten free options (mp): bagel, muffin, toast, wrap

Espresso & Specialty Hot or Cold Beverages

Fresh Brewed Coffee 3.20

Single Espresso 2.35

Double Espresso 3.70

Americano 3.70

espresso with steamed water

Café Au Lait 3.55

brewed coffee with steamed milk

Cappuccino 4.10

espresso with steamed & frothed milk

Latte 4.10

espresso with steamed milk

Macchiato 4.10

espresso with foamed milk

Mocha 4.25

espresso with frothed milk & chocolate

Mocha Almond Delight 4.50

espresso with chocolate, almond syrup & whipped cream

Vietnamese 4.20

cold brew with condensed milk

Cold Brew 3.95

Hot Tea 2.75

assorted varieties

Chai Tea 4.20

spiced or vanilla

Colada 4.50

vanilla, caramel or mocha blended iced coffee

Hot Belgian Chocolate 3.75

with whipped cream

Customize your beverage:

Espresso shot 1.00, Flavored syrup 75¢, Almond, coconut or soy milk 70¢



Mimosas

Glass 8.00 Bottomless 18.00