

Sunday Brunch

Avocado Toast* 18.95

rustic wheat bread, Haas avocadoes, alfalfa sprouts, radishes & drizzle of herb olive oil with two eggs as you like them, with side of fruit

Belgian Waffle 12.95

with strawberries & whipped cream ~add nuts 95¢~

Biscuit & Gravy 12.50

a southern specialty

Breakfast Reuben* 18.95

pastrami, two eggs as you like them, sauerkraut, Swiss cheese, 1000 island dressing on a toasted English muffin with side of fruit, grits or roasted potatoes

Eggs Benedict* 17.95

choice of ham or turkey, poached eggs, hollandaise, scallions; side of fruit or potato pancake

Fried Chicken & Waffle 18.75

crispy chicken breast and fluffy waffle with gravy and scallions

Grits Bowl* 17.95

bacon, ham, or sausage, two eggs, tomatoes, scallions & cheese (GF)

Huevos Rancheros* 18.25

crispy tortilla, refried beans, lettuce, cilantro cream, guacamole, salsa, topped with two eggs and served with choice of meat, fruit, or roasted potatoes (GF)

Rise & Shine Burrito 17.95

scrambled eggs, potatoes, pepper jack cheese, peppers, onions; side of fruit or choice of meat

Nova Sunshine Sandwich* 18.00

croissant, veggie cream cheese, arugula, capers, smoked salmon, tomato; side of fruit

Shrimp & Grits* 18.50

stone-ground grits, wild shrimp, Kalamata olives, cheese, scallions, and garlic-infused tomatoes (GF)

Steak and Eggs* 24.95

grilled NY strip and two eggs your style; with choice of biscuit, grits, roasted potatoes, or toast

Sunrise Bowl* 18.85

fried or scrambled eggs, roasted potatoes, 3 veggies, 1 cheese; side of fruit or choice of meat (GF)

BLT 13.45

crispy bacon, lettuce, vine-ripe tomato and choice of bread with side of fruit ~try it with avocado (mp) or two eggs* (\$4.50) for the ultimate breakfast sandwich ~

Buttermilk Pancakes 14.95

with choice of meat or fruit on the side add \$2 for chocolate chips or fresh fruit pancakes

Corned Beef Hash* 18.50

house-made hash with peppers, onions, & cheese, two eggs your style, and side of toast, potatoes, or grits

French Toast 14.95

with choice of meat or fruit

Nova Platter* 17.95

bagel with cream cheese, sliced tomatoes, onions, capers & lemon with side of fruit

Quiche Platter 16.50

choose veggie or meat; served with mixed greens and choice of biscuit, roasted potatoes or toast

Omelet* 8.50

build your own with choice of meats, veggies and cheese (see options/prices below) served with choice of biscuit, grits, roasted potatoes, or toast

Fried or Scrambled Eggs/Egg Whites* 9.50

served with choice of two sides; grits, roasted potatoes, sliced tomatoes, fruit, or toast

Fried or Scrambled Egg/Egg White Sandwich* 9.50

on your choice of bagel, biscuit, croissant (add \$1), toast; served with fruit

Customize your omelet, eggs, or sandwich: artichokes, avocado (mp), banana peppers, broccoli, jalapeños, kalamata olives, mushrooms, onions, peppers, ratatouille, spinach, tomatoes (75¢ each); American, cheddar, feta, goat, mozzarella, pepper jack, provolone or Swiss (\$1.80 each); bacon, ham or pork/turkey sausage (\$3.50 each).

avocado (mp)	cottage cheese 2.95	toast 2.25
roasted potatoes 2.95	sautéed vegetables 8.95	English muffin 3.95
fresh fruit 2.95	bacon, ham, sausage (pork or turkey) 3.50	oatmeal 2.75
sliced tomatoes 2.50	potato pancake 3.50	buttermilk biscuit 3.85
grits 2.50	2 oz smoked salmon* 6.50	ratatouille 3.95

Beans, Cereal, Fruit and Grains

Acai Bowl

organic berry sorbet, fresh fruit and house-made granola ~add Greek yogurt (\$2) or warm peanut butter (\$1)~ small 11.25 large 14.95

Cottage Cheese & Berries 9.50

a healthy, low-fat and protein-filled bowl

Granola 10.35

served with your choice of milk and fruit

Bowl of grits 5.85

add scallions & cheddar \$1.50

Yogurt Parfait 10.35

organic Greek yogurt, fresh fruit & house-made granola

Hummus Platter 11.95

pita toast, banana peppers, capers, scoop of house-made hummus

Fruit Bowl 6.95

fresh apples, grapes, melon, pineapple & berries

Old-Fashioned Oatmeal 6.00

add dry fruit or nuts 95¢, fresh fruit 2.50 or berries (mp)

Quinoa Power Bowl 12.85

with sautéed spinach, black beans, onions, peppers & mushrooms; with basil vinaigrette \sim add avocado (mp), two eggs (4.50), chicken (5.50), or salmon (9.00)~

Bagels

3.99 each

asiago, bialy, blueberry, cinnamon raisin, cinnamon sugar, egg, everything, garlic, jalapeño, onion, plain, poppyseed, pumpernickel, salt, sesame, whole wheat, (seasonal flavors also available)

Bagel with Cream Cheese or Spreads

Your choice of bagel with cream cheese: plain 5.49 cinnamon raisin, cranberry, garlic-basil, scallion, veggie **5.94**; or nova spread 7.49

Your choice of bagel with: butter 4.29, butter & jam 4.59

Gluten free options (mp): bagel, muffin, toast, wrap

Espresso & Specialty Hot or Cold Beverages

Fresh Brewed Coffee 4.15

Mocha 6.20

espresso with frothed milk & chocolate

Single Espresso 2.75

Mocha Almond Delight 7.20

espresso with chocolate, almond syrup & whipped cream

Double Espresso 4.25

Americano 4.25

espresso with steamed water

Vietnamese 5.50

cold brew with condensed milk

Café Au Lait 4.30

brewed coffee with steamed milk

Cappuccino 5.45

Cold Brew 5.00

Hot Tea 3.00

assorted varieties

espresso with steamed & frothed milk Chai Tea 5.65

spiced or vanilla

Colada 6.50

vanilla, caramel or mocha blended iced coffee

Latte 5.20 espresso with steamed milk

Macchiato 5.20 espresso with foamed milk

Hot Belgian Chocolate 6.50

with whipped cream

Customize your beverage:

Espresso shot \$2, Flavored syrup \$1,

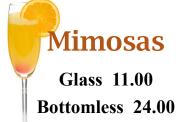
Almond, coconut, oat, or soy milk \$1

Mimosas Bloody Marys

Glass 11.00

Glass 13.00

Bottomless 33.00



Menu prices subject to increase without notice